



SAAS Funding – Living Costs Grants

The Student Awards Agency Scotland
is here to help you to find the right
information, support and funding



There are living costs grants available to certain categories of students, such as lone parents and those with adult dependants.

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Lone Parents' Grant

You can apply for this income-assessed grant if you are single, widowed, divorced, separated or your civil partnership has dissolved, and you have at least one dependent child (including children you act as a carer for).

If you have at least one dependent child, extra support is available in the form of the Lone Parents' Grant of up to £1,305 per academic session.

We may require evidence you are a lone parent and to see your child's birth certificate. If we need this, we'll email you after you have submitted your application.





Dependants' Grant

You can claim this income-assessed grant for your husband, wife, civil partner or partner.

If you care for an adult living outside the UK, we can only consider providing support through the grant if you're married or in a civil partnership.

If your husband, wife, civil partner, partner or another adult dependent you act as a carer for has any income, this may affect your entitlement.

We'll pay up to £2,640 per academic session.

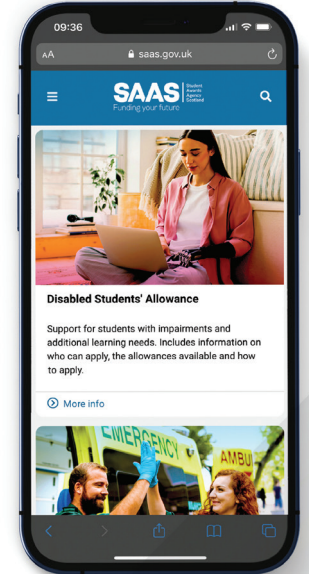
Eligibility

In addition to tuition fees, bursaries and loans, funding is available in the form of living costs grants. To be eligible for living costs grants you must be studying a full-time undergraduate course and meet our residency requirements.

Visit www.saas.gov.uk for more information and to view our full eligibility criteria.

How to apply

When completing your online application form, please tick the boxes stating that you wish to apply for Lone Parent Grant and/or Dependants' Grant. If we require further evidence or forms to be completed, we will email this out to you once your application has been processed.



Products are available in community languages and alternative formats on request.



Helpful resources for students



Gender Based Violence (GBV support)

Information and support on sexual harassment and gender based violence.

<https://endgbv.uk/>

SAMARITANS

Samaritans

Provides advice in complete confidence to experienced advisors by calls or email.

www.samaritans.org



Breathing Space

A confidential helpline for people when they are feeling low, stressed or anxious.

www.breathingspace.scot



Scottish Association for Mental Health (SAMH)

Supports those who experience poor mental health, homelessness, and addictions.

www.samh.org.uk

MOODJUICE Moodjuice

Provides information to students, parents and carers on self-help resources.

www.moodjuice.scot.nhs.uk

Penumbra
Mental Health

Provides a wide range of mental health services for everyone.

www.penumbra.org.uk

LLTTF®

www.lltff.com **living life to the full**

Providing online access to cognitive behavioural therapy (CBT) based resources for low mood and stress.

www.lltff.com

EmilyTest

Tackling Gender Based Violence in Education

Working to improve gender based violence prevention, intervention and support in FE and HE education.

www.emilytest.co.uk

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Visit your SAAS Account regularly and check your emails for any correspondence.

www.saas.gov.uk

